

100% Venetian
American



Sweet Potatoes

Sweet potatoes, also known as **yam** or **batata** (*Ipomoea batatas* L.) belong to the Convolvulaceae family. Despite their common name, the botanical relationship with common potatoes is minimal, since the latter belong to the Solanaceae family.

This species originated in the American tropical areas, where it was already cultivated over 5,000 years ago.

In Italy, sweet potatoes are recognized as a traditional food product and included in the special lists published by the regions in the Gazzetta Ufficiale:

- **Puglia**

patata dell'agro leccese, patata dolce, patata zuccherina, patana, tartufulu.

- **Veneto**

patata americana di Anguillara and Stroppare patata americana di Zero Branco.

SEASONALITY: END OF AUGUST / DECEMBER



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Sweet potato pallet composition

Tray/Bulk weight	Packaging: no. pcs/pack	Packaging	Indicative weight Kg/pack	no. packs/pallet EURO 80x120	no. packs/pallet INDUSTRIAL 100x120
0,8 KG	N. 12	CART. 60x40x21	KG. 9,6	N. 36	N. 45
	N. 9	CART. 60x40x16 - CPR 6416	KG. 7,2	N. 48	N. 60
UNWEIGHTED	VARIABLE WEIGHT TRAY	CART. 60x40x16 - WOOD 6416	KG. 9	N. 48	N. 60

Nutritional properties:

Since they are full of Vitamin A, sweet potatoes are an excellent skin remedy, and they help preserving the skin healthy. Rich in Vitamin C and beta carotene, they help prevent heart diseases and prostate cancer.

The potassium contained helps reduce blood pressure.

Sweet potatoes help stabilize sugar levels in blood, beneficial for disease prevention and treatment.

Thanks to the presence of Vitamin C and E, Provitamin A and Vitamin B, sweet potatoes have excellent antioxidant properties.

The extract obtained from their peel helps reduce cholesterol and improves general health.

Their peel is also beneficial to prevent and treat anaemia.

Sweet potatoes contain a lot of Vitamin D, which is produced mostly during the Summer, thanks to the exposure to sunlight. In Winter, it can be restored by consuming this product, with proven mood benefits.

Thanks to the content of Vitamin B-6, sweet potatoes reduce homocysteine, a substance related to the development of degenerative diseases.

They are processed in our facility, at Via Einstein 31, Stanghella (PD) - Italy, where they are selected and packaged in trays or crates; the packages are palletized based on the customer's needs. We offer different types of carton sizes and colours. **Customized labelling upon request.**

Packaging examples:

VARIABLE WEIGHT TRAY



6416 WOOD TRAY WITH VARIABLE WEIGHT

